

RESOURCES TO SUPPORT SURVIVORS

**ESTABLISH SAFETY | CHECK IN | OFFER CONTINUED SUPPORT | SHARE RESOURCES |
LISTEN, BELIEVE, VALIDATE | EMPOWER & SUPPORT**



24/7 HOTLINES

NATIONAL DOMESTIC VIOLENCE HOTLINE: 1-800-799-SAFE [7233]

NATIONAL SUICIDE PREVENTION LIFELINE: 1-800-273-8255 (TALK)

GEORGIA DOMESTIC VIOLENCE HOTLINE: 1-800-334-2836 (HAVEN)

GEORGIA CRISIS & ACCESS LINE (GCAL): 1-800-715-4225



TEXT/ CHAT WITH ADVOCATES

CRISIS TEXTLINE: TEXT 'GA' TO 741-741

CHAT LIVE WITH AN ADVOCATE: WWW.THEHOTLINE.ORG



HELPLINES

NATIONAL MENTAL HEALTH ALLIANCE (NAMI) INFORMATION HELPLINE: 1-800-950-NAMI (6264)

YOUR DESI HELPLINE: 404 596 4694

Directory of South Asian Therapists: www.southasiantherapists.org

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READING AND AWARENESS

FIND LOCAL RESOURCES: WWW.HOTLINE.ORG

Tenant Rights of Domestic Violence Survivors During COVID-19

(Book) You Can Help: A Guide for Family & Friends of Survivors of Sexual Abuse and Assault

Reading and Resource List (Safe Helpline)

Safe Helpline self-guided educational program: How to Support a Survivor.



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