RESOURCES TO SUPPORT SURVIVORS

ESTABLISH SAFETY | CHECK IN | OFFER CONTINUED SUPPORT | SHARE RESOURCES | LISTEN, BELIEVE, VALIDATE | EMPOWER & SUPPORT

24/7 HOTLINES

NATIONAL DOMESTIC VIOLENCE HOTLINE: 1-800-799-SAFE [7233]
NATIONAL SUICIDE PREVENTION LIFELINE: 1-800-273-8255 (TALK)
GEORGIA DOMESTIC VIOLENCE HOTLINE: 1-800-334-2836 (HAVEN)
GEORGIA CRISIS & ACCESS LINE (GCAL): 1-800-715-4225

TEXT/CHAT WITH ADVOCATES

CRISIS TEXTLINE: TEXT ‘GA’ TO 741-741
CHAT LIVE WITH AN ADVOCATE: WWW.THEHOTLINE.ORG

HELPLINES

NATIONAL MENTAL HEALTH ALLIANCE (NAMI) INFORMATION HELPLINE: 1-800-950-NAMI (6264)
YOUR DESI HELPLINE: 404 596 4694
Directory of South Asian Therapists: www.southasiantherapists.org

READING AND AWARENESS

FIND LOCAL RESOURCES: WWW.HOTLINE.ORG
Tenant Rights of Domestic Violence Survivors During COVID-19
(Book) You Can Help: A Guide for Family & Friends of Survivors of Sexual Abuse and Assault
Reading and Resource List (Safe Helpline)
Safe Helpline self-guided educational program: How to Support a Survivor.

RAKSHA, INC

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